

## **Defibrillation**

Cardiac Arrest is the biggest killer in the UK, over 150,000 die as a result each year.

The majority could have been saved if a defibrillator was made available. Automatic External Defibrillators (AED's) are now becoming more common throughout a range of workplaces.

Although at present there is no legislation governing Defibrillators, training is essential.

Knightwood Leisure Ltd follow the guidelines, and beyond, of the European Resuscitation Council and the Resuscitation Council UK to ensure a comprehensive programme.

This very practical course will allow suitably qualified First Aid personnel and Lifeguards to use the AED competently, and with confidence.

Not only does this course deal with the use of an AED, but it also revisits some basic First Aid skills, including resuscitation.

### **Subjects covered:**

1. Personal safety
2. Assessing the incident
3. Resuscitation including CPR
4. Guidelines for using a defibrillator
5. Basic information about the heart and how defibrillation works
6. Application of the pads and use of the defibrillator
7. Voice prompts from the defibrillator and your response
8. Defibrillation
9. Care and maintenance of the defibrillator

**Duration:** ½ day

We can deliver this course on your premises, reducing your costs in respect of additional time out and travelling.

**Cost:** £60.00 Including Vat (**Discounts will be allocated to members of Salisbury, Havant District and Fareham Pubwatches**).

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