

3-Day First Aid at Work

It is a requirement of the Health & Safety law that employers should provide a safe and healthy environment for their employees. If the assessment of First Aid needs highlights the need for qualified First Aider's, then this course will provide you with suitable, highly trained personnel.

This comprehensive **3-day** course covers wide range of First Aid emergencies, enabling all participants to deal with an emergency situation with confidence in a prompt, safe and effective way.

This course will give participants a qualification to the highest level of First Aid, meeting the statutory requirements of the Health & Safety (First Aid) Regulations 1981.

All successful students will be issued with a new First Aid at Work Certificate, lasting for a period of **3 years**, along with a wallet-sized plastic card detailing their qualifications.

Subjects covered:

1. Care of the unconscious casualty
2. Resuscitation, including CPR
3. Control of bleeding and minor wounds
4. Shock
5. Heart attack
6. Stroke
7. Diabetic emergency
8. Anaphylaxis
9. Asthma
10. Epilepsy
11. What to do if someone is choking
12. Poisoning including overdose
13. Eye injuries
14. Burns and scalds
15. Head injuries
16. Spinal injuries
17. Fractures, dislocations, strains and sprains
18. Recognition of illness and injury
19. Record keeping
20. Contents and use of first aid boxes
21. First aid supplies
22. Personal hygiene in first aid situations
23. Communication in an emergency

We can deliver this course on your premises, reducing your costs in respect of additional time out and travelling.

Cost: 160.00 Including Vat
(Discounts will be allocated to members of Salisbury, Havant District and Fareham Pubwatches).

Telephone 07917612158 or email info@knightwoodtraining.co.uk