

City & Guilds Mechanical Restraint Course

Introduction

Mechanical Restraint is the broad term to cover various types of equipment that are used to restrict an individual's movement. The use of mechanical restraint is increasing across many sectors, including the security business sector and the wider policing family. Although there are no laws preventing employees carrying hand cuffs, the decision to issue them should not be taken lightly. Employers that provide such equipment have a duty to provide adequate training & guidance in their use. Staff must use them lawfully and account for their actions.

This award will assist various Enforcement Personnel by helping them identify conflict and give them the verbal skills and tactics to defuse conflict situations. In cases where this fails and the lawful use of force is an option or a lawful arrest is required, they can apply court defensible tactical communication, physical control.

Who is Eligible for the Programme?

Crown Servants and Officers of the Court exercising powers conferred on them by the Crown. Other personnel requiring these skills, NHS Security, Close Protection Personnel, Local Authority Officers, high risk Static and Retail Security Officers, etc.

Course Content:

In order to gain your Mechanical Restraint Certificate You must have achieved your Additional Holding Certificate (must be within two years of attending the AH course) prior to attending.

The course content, consisting of the following elements:

1. Guidance on the use of Hand Cuffs/Medical implications
2. Policy Guidance & Risk Assessments on the use of Hand Cuffs.
3. Types of Hand Cuffs & Site of Application.
4. Application to the Rear & seated Rear position.
5. Application to the Front & seated Front position.
6. Application Prone & Supine Positions.
7. Kneeling to Standing.
8. Hand Cuff Removal.

Emphasis on good communication skills & using the Dynamic Risk Assessment is vital when applying Hand Cuffs. This will be enforced through out the course. Certain elements can be modified relative to particular needs and circumstances of an individuals or company needs.

Cost: £88.00 Including Vat